

For the week of
October 11, 2020

Encouragement



SHARE: Your highs and lows from the past week.
Who encouraged you this week and how?

READ: **Philippians 4:1-9**
(Name help: **Euodia (yoo-OH-dee-uh) & Syntyche (SIN-tih-kee)**)

TALK:

- What words, phrases, images stick out to you in this reading? Why? What do you think about when you read this Scripture?
- Paul wrote this letter to the Philippians to encourage them. How does he encourage the people? Why do you think he feels the need to encourage them?
- Why do you think he points out Euodia and Syntyche?
- What is so encouraging about praying or being prayed for?
- **Activity:** Rewrite verses 4-6 in your own words or create an art project that expresses verses 4-6 from your perspective!
- **Activity:** Designate a place in your home to put prayer requests. A bowl, jar, or other container makes a great place to keep your prayer requests! Just write your request on a slip of paper and place it in the designated spot. Others can grab a request throughout the week to pray for. Or start a prayer request notebook or posterboard where you can keep track of requests, prayers answered, or reasons to praise the Lord!

PRAY: Pray for each other's highs and lows! Pray for someone who might need encouragement this week!

BLESS: Bless one another with the sign of the cross saying "You are an encouraging child of God!"